



DATING

• *Worksheet* •



5 Date Requirements

1. _____
2. _____
3. _____
4. _____
5. _____

How does your date meet the requirements?

Know before you go...

What is your date's full name? _____

How long have you known your date? _____

What is your date's address? _____

What is your date's phone number? _____

Who are your date's best friends? _____

The Date:

What will you and your date be doing? _____

Where will you and your date be going? _____

Who else will be there? _____

When will your date be introduced to your parents? _____

Safety:

_____ If I am out with a person drinking alcohol or using drugs, I will leave with a friend or call my parents.

_____ If I am out on a date and feel unsafe, I will call my parents.

_____ I will not date anyone who is mean to me verbally or physically.

_____ I will not agree to date anyone exclusively without talking to my parents.

_____ I will not put myself in a situation where there is temptation to become sexually active with my date.

_____ I will not engage in physical intimacy as defined by _____.