

# SIBLING PEACE CONTRACT

# 1

## ► SIBLING EXPECTATIONS

- I agree to think about my options in handling my arguments with my sibling(s) before a conflict.
- I agree to take a time out if a conflict between my sibling and I gets out of hand.
- I agree to listen to my sibling's point of view.
- I agree not to use name-calling or hurtful behavior when I am upset with my sibling.
- I agree to try working out my conflict with my sibling before involving my caregiver(s).
- I agree to be open to resolving disputes with my sibling.

# 2

## ► CONSEQUENCES

*I am responsible for giving back to my sibling in some way if I don't follow this contract by doing a chore or cleaning their room, for example.*

If I **break** this contract, I will receive the following consequence(s):

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If I **follow** this contract, I will receive the following reward(s):

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# 3

## ► SIGNATURE

Sibling: \_\_\_\_\_ Date: \_\_\_\_\_

Sibling: \_\_\_\_\_ Date: \_\_\_\_\_

Sibling: \_\_\_\_\_ Date: \_\_\_\_\_

Sibling: \_\_\_\_\_ Date: \_\_\_\_\_