

# Prayer

F O R M A R R I A G E R E S T O R A T I O N

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## + COMMITMENT

Lord, please protect our marriage vows. I pray we both uphold our commitment no matter what we face—and that we face it together.

*So they are no longer two but one flesh. What therefore God has joined together, let not man separate. - Matthew 19:6*

## + FORGIVENESS

Lord, please help us to have forgiving hearts toward each other. Show us how to forgive each other the way you've forgiven us.

*And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins. - Mark 11:25*

## + GRACE

Lord, please help us have grace for each other when we mess up. Help us to extend that grace—even when it is difficult.

*Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear... - Ephesians 4:29*

## + HEALING

Lord, please reveal the places in our marriage and in our hearts that need to be healed. I trust you to heal them.

*Heal me, Lord, and I will be healed. - Jeremiah 17:14*

## + ENDURANCE

Lord, please grant us the strength to endure on the days that marriage is difficult. Teach us to sacrifice for each other the way you sacrificed for us.

*...teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope. - Romans 15:4*

## + LAUGHTER

Lord, I ask that you'd fill our marriage with laughter. Help us to reconnect over memories and jokes that bring us joy.

*A cheerful heart is good medicine, but a crushed spirit dries up the bones. - Proverbs 17:22*

## + INTIMACY

Lord, please deepen our intimacy so that the more we know of each other, the more willing we are to cherish, love, and embrace each other.

*Submit to one another out of reverence for Christ. - Ephesians 5:21*

