

5 Steps To An Awesome *Apology*

1. Have the right heart

Don't apologize when you're angry,
or when you're still upset.

2. No excuses

Don't make excuses for what you did.
Don't use phrases like, *He made me...*
But if you wouldn't have... or it wasn't my fault.

3. Say the words

Now you're ready to say, *I'm sorry.*
You can even fill in the blank of what you did,
I'm sorry for _____.

4. Finish as friends

Once you've apologized,
end with a smile or hug.

5. Learn from your mistake

Think about how you can
do better the next time.