

# Glowing Words

## Conversation Starter Jar Cards

Why is it important to have a good relationship with my siblings?

Conversation Starter

Why do you think siblings get angry with each other?

Conversation Starter

What are some things that are unkind to do or say to my siblings?

Conversation Starter

What are some things that are kind to say or do to my siblings?

Conversation Starter

When do you and your siblings have the most fun together?

Conversation Starter

How do you feel when a sibling is unkind to you?

Conversation Starter

What I fight about the most with my siblings is:  
\_\_\_\_\_

Conversation Starter

When I feel a fight coming on I can:  
\_\_\_\_\_

Conversation Starter

# Glowing Words

## Kind Actions Jar Cards

Do your sibling's chores.

*K*ind Actions

Invite your sibling to play their favorite game.

*K*ind Actions

Make your sibling breakfast and leave it by their bed.

*K*ind Actions

Let your sibling go first in something or sit where they would like.

*K*ind Actions

Let your sibling use your favorite thing or play with a favorite toy.

*K*ind Actions

Make your sibling's bed when they are in the bathroom or eating breakfast.

*K*ind Actions

Pick up your sibling's toys or room.

*K*ind Actions

Bake your sibling some cookies.

*K*ind Actions

# Glowing Words

## Kind Words Jar Cards

You are the best

\_\_\_\_\_!  
ever!

*K*ind Words

You were amazing  
when you

\_\_\_\_\_!

*K*ind Words

I wish I could

\_\_\_\_\_!  
like you!

*K*ind Words

If I could, I would

\_\_\_\_\_!  
with you every day!

*K*ind Words

You make our family  
more fun!

*K*ind Words

You are  
so smart!

*K*ind Words

My favorite thing to do  
with you is

\_\_\_\_\_!

*K*ind Words

You are so funny and  
make me smile!

*K*ind Words

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Make Your Own Jar Cards

The image shows a template for creating jar cards. It features a vertical dashed line down the center, which serves as a fold line. There are four horizontal dashed lines, one in each of the four quadrants created by the vertical line. These horizontal lines, along with the vertical line, define the boundaries of the jar cards. Gray shaded bands are placed between the horizontal dashed lines, representing the jar's body. The top and bottom edges of the template are also marked with dashed lines, indicating where to cut out the individual cards.