

5 WAYS TO ENCOURAGE SIBLING LOVE

1

WARM WORDS.

Encourage your children to greet each other in the morning. Remind them to wish each other well before a big game or a big test.

2

ZERO TOLERANCE.

Nip any kind of meanness in the bud. Calling each other names, hitting each other, or other unkindness doesn't have to be the sibling norm.

3

FAN CLUB.

Build up your children to each other. "Your brother loves you so much," is one example of what to say. Or, "Your sister really looks up to you." Point out the kindness of each, "Wasn't that nice of your brother to help you with your homework?"

4

TEAM BUILDING.

Encourage your children to do things together. Give them a fun project to work on. Let them brainstorm as a team when it comes to choosing gifts for your husband, vacation ideas, and something as simple as choosing what to take on a family picnic.

5

SECRET PAL.

Print our **Secret Pal Notes** and let your children use them to foster sibling love.