

**Get Moving!**



**Science Schmience!**



**Kitchen Creativity!**



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About  
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iMOM.

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Culture!**



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**Mystery  
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# 12 More FAMILY FUN TIME Cards!

## **Get Moving.**

Get outside and spend some time setting up an obstacle course in your backyard. Use things you already have lying around your house like hula hoops and basketballs. Have your kids start by doing five pushups, then running to hula hoops and hula hooping for 10 seconds. After that, have them sprint to the basketball net, and whoever makes 5 baskets first wins! If it is raining, take the obstacle course indoors, and get creative with indoor household items like pillows, bouncy balls, and eggs.

## **Science Shmience.**

Do some basic experiments using every-day items. A simple one is the classic Diet Coke and Mentos explosion! Roll up 3 Mentos in a piece of paper, quickly drop them into a liter of Diet Coke, and watch the soda explode! Or try easily inflating a balloon! Fill a bottle with an inch of warm water and a packet of yeast. Take an average-size balloon and stretch it out a couple of times. Then, take the neck of the balloon and put it over the top of bottle, securing it tightly to make sure no air escapes. Now, watch as the balloon magically inflates!

## **Kitchen Creativity.**

Dig out your recipe book, and make something tasty. Try a new dessert like beignets or homemade fruit popsicles, or go all out and create a whole meal! Or for something different, bake a "family cookie" by having each child contribute in a special way like mixing, breaking the eggs, measuring the flour, etc. You can also check out some of our favorite recipes at iMOM! Our Luscious Lemon Bars are guaranteed to make your mouth water, and our Goopy Cheese Toast is great as leftovers in the morning!

<http://imom.com/recipes/dessert/luscious-lemon-bars/>

<http://imom.com/recipes/main-dish/goopy-cheese-toast/>

## **Create a Family Holiday.**

Come up with your own holiday and make up ways to celebrate. Draw some inspiration from Alice in Wonderland, and have an un-birthday. You can celebrate this holiday once a month by honoring a different family member each time. Give everyone a \$5 limit to buy a gift for the special "birthday" someone! Or even pick a day and let that be "Chocolate Day" where, with each meal, everyone eats a piece of chocolate. You could also spend "Chocolate Day" by making some of our favorite different chocolate recipes, like Peppermint Brownies or Quick and Easy Chocolate Fondue.

<http://imom.com/recipes/dessert/quick-and-easy-chocolate-fondue/>

<http://imom.com/recipes/dessert/dessert-peppermint-brownies/>

## **Secret Surprise.**

Make a list of people you can do nice things for such as the elderly couple next door, a family with a special needs child, or even your spouse. Bake them a treat. Make them a card with glitter glue and scratch-n-sniff stickers. Then leave it on their doorstep or in their mailbox.

## **Read All About It.**

Let your kids pick their favorite book, and assign everyone a character. Mom, you can be the narrator! When it's a character's turn to say something, pass them the book! Try doing this one night a week with a different book. See how long it takes you to go through your whole library!

# 12 More FAMILY FUN TIME Cards!

## **Chalk About It.**

Print some simple pictures off the Internet, and give each child a different picture. Then, have your kids re-create these scenes with sidewalk chalk. Try printing off an easy beach or nature scene, and you can even offer twenty minutes of extra TV time to the child who draws the picture the best! Not only will your kids be challenged, your sidewalk will be full of art!

## **Indoor Treasure Hunt.**

WE provide the clues! Surprise your kids when they wake up with their first clue, and leave the rest of the clues at various points in the house where they're sure to find them. Have the prize be something small your kids have wanted for a long time, such as a new stuffed animal or a new football. For an inexpensive prize, the winner gets to pick the dinners for the next week.

<http://imom.com/mom-life/family-fun/treasure-hunt-clues/>

## **Talk Together.**

Huddle up in an indoor fort with a flashlight and talk to your kids using our printables! Check out our conversation starters like When I Was a Kid TALK or Kid Talk 2.0. They're great ways to really get to know your kids and share your own childhood memories! Bring out some snacks, and cuddle up on your couch with all electronics turned off and put away. This will set the stage for a lot of uninterrupted bonding time! Spend time asking each other questions, and, when answering, give a thoughtful answer.

<http://imom.com/tools/conversation-starters/when-i-was-a-kid-talk/>

<http://imom.com/tools/conversation-starters/kid-talk-2.0/>

## **Celebrate Your Life Heritage.**

Honor your heritage with your family by dedicating a day in their remembrance. Show your kids pictures and share funny stories. Break out the old photo albums, and let your kids see where their relative grew up, went to high school, got married, etc. Think back on the funniest memory you had with a relative, and tell your kids about it in detail. Pick a different family member every month, and soon, your children will know about several relatives they never got to meet!

## **Celebrate Culture.**

Celebrate another culture by cooking a fun meal! For Cinco de Mayo, make homemade tacos, and wear sombreros all day long! On St. Patrick's Day, try making corned beef and cabbage while wearing green! To go all out, put up a few holiday-themed decorations around your house like a piñata and colorful blankets to really get your family in the mood. Before dinner, you can ask each child to Google how to say hello in that country's native language, or even learn a new phrase so that everyone gets to guess its meaning!

## **Mystery Game.**

Team up with your spouse, and create a household mystery! Hide something like the TV remote or a dress. Set up clues around the house such as a battery lying in front of the laundry room or a dress tag resting on the bathroom sink. Then, enlist the kids in playing detective by following the clues to where the missing item went. Get into character by wearing sunglasses, trench coats, or carrying around a magnifying glass. The first person to unravel the mystery wins!