



# TALK

## MARRIAGE CONFLICT

Family Conversation Starters

What do you think is going well in our marriage?

What two areas do you think we need to work on in our marriage?

On a scale of 1 - 10, how would you rate the way we handle conflict?

What is one thing we can try to help us handle conflict better?

On a scale of 1 - 10, how would you rate me as a listener when we're having conflict?

What can I do to show you that I am trying to listen to you?

How and when would you like me to bring up an issue that I think we need to discuss?

What's the toughest part about marital conflict for you?

Who could we use as role models for how to handle conflict in marriage?

What do you see as the ideal way to handle conflict in our marriage?

What do you want us to teach our children about handling conflict in marriage?

What can we do at the end of a serious discussion to show our commitment to our marriage?