



today

- ☐ Make Beds
- ☐ Pick Up
- ☐ Prepare Dinner
- ☐ Wash Dishes
- ☐ Sort Mail
- ☐ Sort Kid's Papers
- ☐ Sort Email
- ☐
- ☐
- ☐
- ☐

this month

day

- ☐ Clean Fridge _____
- ☐ Clean Microwave _____
- ☐ Clean Oven _____
- ☐ Clean Light Fixtures _____
- ☐ Change Air Filters _____
- ☐ Pay Bills _____
- ☐ Clean/Organize Toys _____
- ☐ Organize Closets _____
- ☐ Organize Cabinets _____
- ☐ Organize Desk _____
- ☐ Organize Bedrooms _____
- ☐
- ☐
- ☐

this week

day

- ☐ Change Sheets _____
- ☐ Laundry _____
- ☐ Clean Bathrooms _____
- ☐ Iron _____
- ☐ Dust _____
- ☐ Vacuum _____
- ☐ Mop _____
- ☐ Meal Planning _____
- ☐ Grocery Shop _____
- ☐ Mow Yard _____
- ☐ Water Plants _____
- ☐
- ☐
- ☐

this year

day

- ☐ Clean Carpets _____
- ☐ Clean Baseboards _____
- ☐ Clean Bed Linens _____
- ☐ Clean Out Garage _____
- ☐ Clean Out Closets/Drawers _____
- ☐ Wash Windows/Screens _____
- ☐ Polish/Oil Furniture _____
- ☐ Clean Out Pantry _____
- ☐ Schedule Physical Exams _____
- ☐ Schedule Dental Exams _____
- ☐ Schedule Eye Exams _____
- ☐
- ☐
- ☐