

Lunchbox Notes

TEEN

We sometimes forget that our children spend up to eight hours a day at school. A lot can happen in eight hours - bad and good. Lunchbox notes are a great way to let your child know that you are thinking about them while they are away.

Don't Be Stressed
Do Your Best!

You Are Awesome
In Every Way!

I Believe In You
You Can Do It!

Never Stop
Being You!

You Look So

Today!

How Did You Get So
_____?

Encourage Someone
**...and you will be
encouraged yourself.**

SURPRISE!
Tonight we are going to



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This is a Big Day for You!

I am so proud
of all you have done!

Did I Ever Tell You

how _____
I think you are?

I Am So Proud
of the person
you have become!

I Love You
and will pray for you all day.

You Are The Best
_____,
ever!

'Stressed' Backwards
= DESSERT

This One's For You!

Pray, Prepare, Practice

...with patience,
you'll get there!

You Are...

unbelievably, incredibly,
amazingly talented!



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