



Social Media

Contract



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SET UP

- ☐ I will ask my parents' permission before joining any social media network.
- ☐ I will allow my parents to set my privacy, location, and parental control settings on all of my accounts.
- ☐ I will give my parents my passwords to all of my social media networks and no one else.

SHARING

- ☐ I will not post or share: my full name, age, address, school, interests or other personal information without my parents' permission.
- ☐ I will not create fake or hidden accounts.
- ☐ I will not follow any accounts that post explicit content.
- ☐ I will not post or share offensive or inappropriate images, language, video or other content.

CONDUCT

- ☐ I will not meet anyone in person who I have met through social media.
- ☐ I will not engage in online bullying, including making unkind comments.
- ☐ I will let my parents know if I experience any online bullying.
- ☐ I will meet academic standards set by my parents or risk losing social media privileges.
- ☐ I understand that posting certain types of photos or information on social media sites is punishable by law.
- ☐ I will put my phone away during family time.
- ☐ I will follow my parents' rules regarding time limits for online use.
- ☐ I will be off my social media by ____ p.m. during the week and ____ p.m. on the weekend.

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CONSEQUENCES

I understand that I risk the following consequences for violating any of the above:

- ☐ _____
- ☐ _____
- ☐ _____

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SIGNATURES

I, _____, agree to the above conditions for using social media. I also understand that my parents are setting these conditions because they love me and want me to be safe.

Child

Date