



I'M LONELY

Please help me to know that you are with me and that you will never leave me.

HEBREWS 13:5

I'M HURT

I know that you are close to the brokenhearted and those with broken spirits so please comfort me.

PSALM 34:18

I FEEL INADEQUATE

God, I need you to remind me that I am fearfully and wonderfully made, and perfect in your eyes.

PSALM 139:14

I'M WORRIED

God, thank you for telling me that you will take all of my anxiety and worry because you care for me.

1 PETER 5:7

I'M DISCOURAGED

Please help me to know that I have hope because I can put my hope in you.

PSALM 42:5

I'M AFRAID

Dear God, I know that you can protect me and that you will give me refuge because you are mighty.

PSALM 91:4

I FEEL REJECTED

Please help me to feel the affirmation of the good you have for me and the love you have for me.

PSALM 31:16

