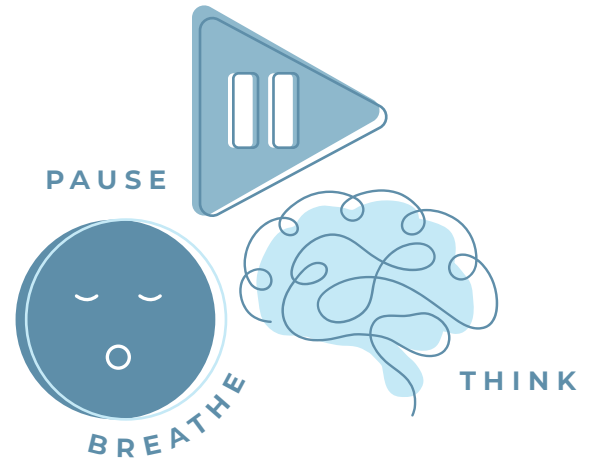


Self-Control *Contract*



1

CHILD EXPECTATIONS

- ☐ I agree to take a break or time out from a situation when I am angry or upset.
- ☐ I agree to not hurt others with my hands, words, or actions.
- ☐ I agree to not touch or take others things without asking first.
- ☐ I agree to not interrupt others when they are talking. I will wait my turn.
- ☐ I agree to use an inside voice when I am inside.

2

CONSEQUENCES

If I **break** this contract, I will receive the following consequence(s):

- ☐ _____
- ☐ _____

If I **follow** this contract, I will receive the following reward(s):

- ☐ _____
- ☐ _____

3

SIGNATURES

Child: _____

Date: _____

Parent: _____

Date: _____