

SIBLING EXPECTATIONS

- □ I agree to think about my options in handling my arguments with my sibling(s) before a conflict.
- □ I agree to take a time out if a conflict between my sibling and I gets out of hand.
- □ I agree to listen to my sibling's point of view.
- □ I agree not to use name-calling or hurtful behavior when I am upset with my sibling.
- □ I agree to try working out my conflict with my sibling before involving my parent(s).
- □ I agree to be open to resolving disputes with my sibling.



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CONSEQUENCES

I am responsible for giving back to my sibling in some way if I don't follow this contract by doing a chore or cleaning their room, for example.

If I **break** this contract, I will receive the following consequence(s):

O _____

0_____

If I **follow** this contract, I will receive the following reward(s):

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SIGNATURES

Siblings: _____

Date: