



let's **TALK** about

PEER PRESSURE

1. Do you spend a lot of time wondering what your classmates and friends and other people think about you? If so, why?
2. Have you ever felt pressure from your friends to do something you didn't want to do or thought was wrong?
3. What do you think you would do if you were in a situation where you were being pressured into something?
4. Do you have a friend who would challenge you to do the right thing regardless of the situation?
5. Where do you go the most to get advice on how to deal with peer pressure?
6. Are the things that are cool with your classmates and your friends cool with the values we taught you?
7. Are you doing anything right now to prepare yourself for the pressure you will face?
8. Which of your friends do you feel the most pressure from? Which do you feel the least?
9. Is it more important to be liked or to just be yourself (even if that means losing friends)?
10. Are you ok if you're not considered cool? Why or why not?
11. Have you created an image of yourself for others to see that is not the real you? If so, what is that image, and why did you do it?
12. What does it mean to be yourself?

