

HABIT TRACKER

progress, not perfection

A circular habit tracker chart designed for tracking progress over a 31-day period. The chart is divided into 31 numbered segments, arranged in a circle. The segments are numbered 1 through 31, starting from the top and moving clockwise. Each segment is further divided into four concentric rings, creating a grid of 124 small squares (31 segments x 4 rings). The word "habit" is written in the top segment, indicating where to write the habit name. The chart is surrounded by decorative watercolor illustrations of flowers and leaves in shades of green, pink, blue, and orange.

habit	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31