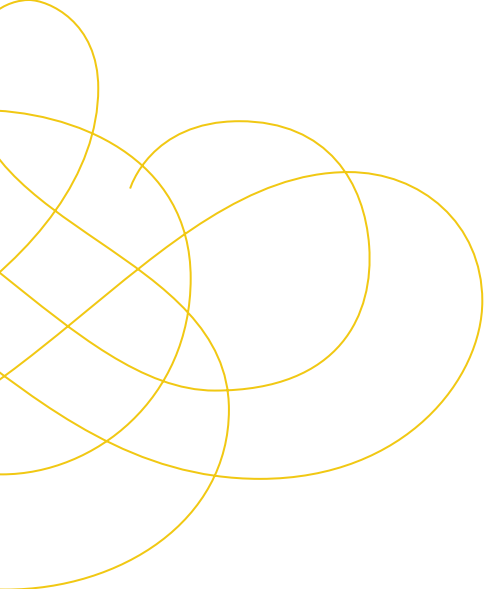
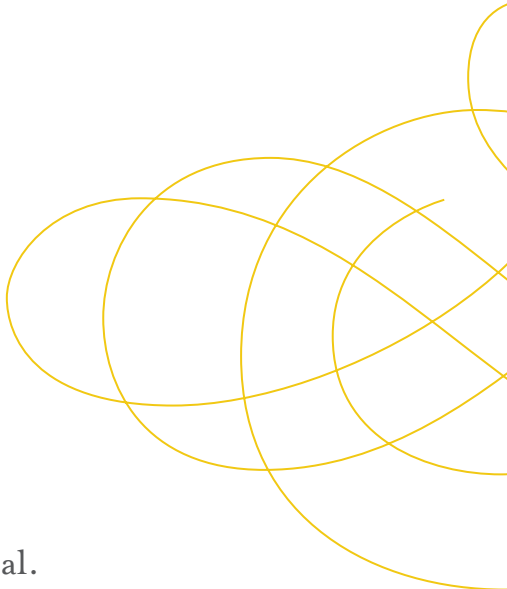




# 10 PROMISES FOR MARRIED COUPLES TO MAKE TO ONE ANOTHER

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- I shall honor my spouse with my words and actions.
  - I shall have weekly date nights with my spouse.
  - I shall appreciate the little things my spouse does for me.
  - I shall frequently give my spouse words of affirmation.
  - I shall keep sexual intimacy with my spouse confidential.
  - I shall make my spouse my number one priority.
  - I shall honor my spouse by guarding my eyes from illicit material.
  - I shall encourage my spouse to chase dreams and passions.
  - I shall strive to be like-minded with my spouse when making decisions.
  - I promise to honor the wedding vows I made before God.