

# 10 PROMISES FOR MARRIED COUPLES TO MAKE TO ONE ANOTHER

- I shall honor my spouse with my words and actions.
- I shall have weekly date nights with my spouse.
- I shall appreciate the little things my spouse does for me.
- I shall frequently give my spouse words of affirmation.
- I shall keep sexual intimacy with my spouse confidential.
- I shall make my spouse my number one priority.
- I shall honor my spouse by guarding my eyes from illicit material.
- I shall encourage my spouse to chase dreams and passions.
- I shall strive to be like-minded with my spouse when making decisions.
- I promise to honor the wedding vows I made before God.