

Ways to Pray

A F T E R A D I V O R C E

+ FORGIVENESS

Lord, there's so much that needs to be forgiven. Give me the desire and strength to forgive and forgive me for what I've done to contribute to this divorce.

+ MY CHILDREN'S HEARTS

Lord, I hurt for my children and the pain this has caused them, but I know you love them more than I do. I pray that the holes in their hearts will be filled by you.

+ MY CHILDREN'S FUTURES

Lord, I pray that my children will choose partners who love you first and that their marriages will be happy and healthy.

+ HEALING OF BROKENNESS

Lord, sometimes I feel OK, but sometimes I feel broken. Fill in the cracks of what has been shattered and help my family grow in wholeness through you.

+ RESTORATION

Lord, you make all things new. Restore my hope, my trust, my self-worth, and my peace.

+ COMFORT

Lord, sometimes I'm in a lot of pain. I can get lost in feelings of despair and fear. I know you'll never leave or forsake me. Help me find comfort in that truth.

+ PATIENCE

Lord, I'm willing to wait on your perfect timing, but please give me strength and patience. I know you'll provide what I need when I need it.

+ COOPERATION

Lord, show me and my ex-husband how to cooperate with one another for the good of our children and how to cooperate with your grace to extend mercy to one another.

+ PEACE

Lord, there are so many rough waters to navigate, like finances, co-parenting, and caring for my mental health. I pray that your peace will guard my heart and mind.

+ GRATITUDE

Lord, I've endured a lot of suffering, but I also have so much to be grateful for. Thank you for your presence in my life and your unending love.