

means... training yourself, usually for improvement.

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Self-Discipline

Whoever disregards discipline comes to poverty and shame, but whoever heeds correction is honored.

PROVERBS 13:18 NIV

Certificate of Self-Discipline is presented to

Self-Discipline

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LET'S DIG DEEPER!

Print the You Can Do It! chart and choose a habit to practice for 10 days.

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You demonstrated self-discipline. Here is a coupon to...

Get out of one chore this week.