

Let's Talk:

Privacy, Secrets, Trust

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Now that you're getting older, what do you want to start keeping more private?

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What does having your own space or privacy mean to you right now?

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What's a time you wanted privacy but weren't sure how to get it?

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What would you say is the difference between privacy and secrecy?

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If someone told you to keep a secret, how would you decide whether or not to tell a trusted adult?

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Can you think of a time when something private turned into a secret that didn't feel right?

What made it cross the line?

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Is there anything that feels awkward to bring up with me?

What would make it easier?

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How can we come up with some privacy rules that help you feel respected and keep you safe?

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What helps you know whether you can trust someone?

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If something ever felt weird or wrong, what would help you feel safe talking to me about it?

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Has a friend ever let you down?

How did you know that person wasn't trustworthy?

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What kinds of secrets do you think kids keep to avoid stirring up drama or not getting left out of the group?

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What's something you'd feel OK sharing in real life but not online—or vice versa?

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What kinds of things do you think kids your age feel nervous telling their parents?

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Have you ever felt stuck between keeping a friend's confidence and wanting to tell a parent?

What did you do?

Or what would you do if that ever happened?

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Has there ever been a time you felt like I invaded your privacy, even if I didn't mean to?

What could I have done differently?